










## Basic Life Support - AHA Providers' Course Course Programme

TIME	TOPIC			INSTRUCTOR	
7:30am - 8:00am		Registration			
8:00am - 8:35am		Welcome / Introduction			Instructor
8:35am - 8:50am		<b>Lesson 1</b> Course Overview & 2010 AHA Guidelines for CPR and ECC Update			Instructor
8:50am - 10:15am  (Divide class into 2 groups)	 <b>PWW</b> 	<b>Lesson 2</b> 1 & 2 Rescuer Adult CPR and AED			Grouping
		Group 1 Instructor 1	Group 2 Instructor 2	Group 3 Instructor 3	
<b>BREAK</b>					
10:30am - 11:00am	<b>T</b>	1 & 2 Rescuer Adult BLS with AED Skills Test			Grouping
11:00am - 11:45am	 <b>PWW</b> 	<b>Lesson 3</b> 1 & 2 Rescuer Child & Infant CPR			Grouping
		Group 1 Instructor 1	Group 2 Instructor 2	Group 3 Instructor 3	
11:45am - 12:15pm	<b>T</b>	1 & 2 Rescuer Infant BLS Skills Test			Grouping
12:15pm - 12:40pm	 <b>PWW</b>	<b>Lesson 4</b> Airway and Choking Management for Adult, Child and Infant			Grouping
		Group 1 Instructor 1	Group 2 Instructor 2	Group 3 Instructor 3	
12:40pm - 1:10pm  (One large group)	<b>T</b>	Written exam			
1:10pm - 1:20 pm		Summary and Closure			