

STUDY TITLE	NALURI STUDY-The Effectiveness of a Personalised Malaysian Digital Health Intervention (Naluri) on Physical and Psychological Outcomes among Cardiac Patients at the Malaysian National Institute: A Randomized Controlled Trial
STUDY POPULATION	Patients hospitalized with Coronary Heart Disease
PRINCIPAL INVESTIGATOR	Dato' Dr. Azmee Mohd Ghazi
STUDY COORDINATOR	Norasiah Basri Contact number : 03 – 2617 8200 Ext: 3122
START DATE	15 April 2018
END DATE	15 April 2020
INCLUSION	<ul style="list-style-type: none"> • Consent to participate in research • Have been discharged from the hospital not more than four weeks after diagnosis • Smart mobile telephone users • Literate in either English or Malay.
EXCLUSION	<ul style="list-style-type: none"> • Patients who are currently pregnant • Have end stage liver and kidney disease • Have a history of cancer undergoing active treatment • Currently on weight loss medications • Currently on active psychotropic medications • Bedridden