

OCTOBER

Install assisting mechanical device in left ventricle to improve survival rate for patients with heart failure



5 OCTOBER 2019 – IJN has made significant efforts in other forms of heart treatment – namely mechanical systems, LVAD (Left Ventricular Assist Device) which is implanted to assist blood-pumping. This system act as a bridge, while patients wait to receive a heart transplant.

IJN distributes 25,000 face masks to 15 schools

18 SEPTEMBER 2019 – The Air Pollutant Index (API) readings in Batu Muda and Cheras were exceptionally high. IJN Chief Executive Officer Datuk Dr. Aizai Azan Abdul Rahim explained that children were especially vulnerable to ill effects of the haze. “This initiative is part of our corporate social responsibility efforts, where our goal is to elevate the health of Malaysians especially the most vulnerable members of our community,” he said in a statement on that same day.



LOCAL E

SEPTEMBER

NSTP's Brigade of Volunteers and IJN Traveling Across Two States



21 SEPTEMBER 2019 – Free health screening in line with World Heart Day. Together with Media Prima-The New Straits Times Press (M) Bhd volunteer brigade and IJN, a health awareness program was launched to promote heart wellness as heart disease is still the number one killer in the country. Basic health screening to test blood pressure, glucose analysis, body mass index (BMI), cholesterol levels, and carbon monoxide (COPPM) for smokers.

The program involved numerous parties across the two locations, Sauk, Perak and Baling, Kedah. The event was aimed to aid the locals, underprivileged, and those that have limited access to medical assistance.

Interactive activities were also held mainly for children to instill a healthy lifestyle through a cooking competition and community clean-up.



EVENTS

DECEMBER

Aquaria's Santa and mermaids share Christmas joy with underprivileged children

23 DECEMBER 2019 – Christmas came early for 50 children from Pertubuhan Kebajikan Anak Yatim Mary and *Pusat Jagaan Cahaya Kasih Bestari* recently when they were treated to a fun and memorable experience at Aquaria KLCC.

As part of a collaboration with the Institut Jantung Negara (IJN), Aquaria put on an entertaining show for the kids with their very own mermaids and Santa Claus. Together with a pair



of elves, the jolly man in red jumped into the water to perform his jingle bell dance for the children.

IJN CEO, Dr. Aizai Azan Abdul Rahim said, "Children from underprivileged backgrounds tend to have limited opportunities to enjoy fun and educational experiences such as these, which are important in helping them develop their interests and curiosity."



NOVEMBER

Heart Health with IJN

15 NOVEMBER 2019 – TEG Media hosted a coffee morning and networking event in collaboration with the Malaysia Healthcare Travel Council (MHTC) at the newly revamped Oakwood Hotel in Kuala Lumpur. Keynote speaker for the day was the highly entertaining Dr. Aslannif Roslan, IJN Cardiologist, Internal Medicine Specialist and Chairman of Society of Cardiac Imaging, Malaysia.

With a combination of slides, personal anecdotes and case studies, Dr. Aslannif elucidated why IJN is the best option for local and expats for heart care. He went on to explain how to recognise the symptoms of heart failure and how IJN uses cardiac imaging to understand the cause and determine the best course of treatment.



IJN prides itself on providing an ECG to patients within five minutes of arrival at IJN, giving patients with heart failure the best possible chance of survival and minimising permanent damage to the heart muscle.

Guests were given ample opportunity to ask and prod into Dr. Aslannif's extensive knowledge and experience. The networking and discussion ended with a light buffet brunch.