



MEETING

THE LINKS

OF THE CARE CHAIN

The First of Many Steps



Yazmin Yusoff Azudin

Senior Cardiovascular Technologist
(CVT) Mentor, PCHC NCL

Our CVT team manages non-invasive cardiac investigations and complex procedures on our patients in the non-invasive cardiovascular laboratory (NCL). Our team, all of whom have studied and developed much experience in this specialised field, works very well together to make operations run more effectively.

The first step to treating the patients is diagnosis, and that is what we do in the CVT team. We perform detailed echocardiogram assessments on each patient and then further discussion, to fully assess the problem. This is passed on to the doctor, who will then propose the best treatment for your child.

I have established many great relationships between patients and parents for the past 15 years, as the first link between their diagnosis and their doctor. We are the link that communicates concerns between doctors and patients' families, to make this process go smoothly for both parties. Just as you would trust the doctor, you can have the same level of confidence in our CVT team.

“As their trusted advisor during this process, we become the eyes and ears of the doctors.”

Aryati Baharin

Invasive Cardiology Laboratory (ICL)
Nurse Mentor

An ICL nurse's first and most important task is having the correct understanding of our young patients' diagnosis. This allows us to prepare for procedures correctly, which includes checking of inventory and equipment, right down to making sure the proper medications are on stand-by in case of emergency after surgery.

I have been in this department for the past 17 years and have seen a lot of cases. My team and I are responsible for monitoring and observing our patients during post-operative care to ensure that they are well on their way to recovery, and can be returned to their wards safely.

I am happy that I get to give patients and their parents a little bit of comfort while they are in that confused and nervous state. Building trust with families is key in getting them through it all with as much ease and peace of mind as possible.

By Your Side, Always



“That moment when the operation is successful, we are so thankful that everything went well every step of the way.”

The Paediatric and Congenital Heart Centre (PCHC) is a one-stop referral center for treatment of paediatric and congenital heart conditions. With a team of dedicated specialists and staff, patients can expect to receive the best care and treatment possible. The people who form the chain of treatment at the centre speak about the care given at each step of the way, and the services they provide to ensure that every patient receives the best possible experience.

Everything is Gonna be Alright



Noor Ashikin Saad

Deputy Nurse Manager, Paediatric Cardiac Intensive Care Unit (PCICU)

Being an intensive care nurse means putting to use our skills and knowledge in giving the best care to our hole in the heart patients. We do our utmost, so patients can receive the best post-surgery experience and emotional support from us.

I have spent 13 years managing patients with simpler and complicated holes in the heart who have just come out of surgery. Many of these cases have taught me to prepare for many different circumstances, like if the patient reacts badly to the surgery or there are sudden emergencies. Our job is to be there with the patient around the clock for the first 24 hours, and allow parents to just breathe and worry a little less.

“ We are the communicator or the advocator of the patients. Should anything happen to them, we are the first to inform the doctor. ”

Our Down syndrome patients, are commonly diagnosed with atrio-ventricular septal defects (AVSD) which is a large hole in the center of the heart. They often require extra patience and care but seeing them smile and laugh when I play with them always makes me happy. Our patients are just special in their own unique way.

Vatana Sundar

Dietitian, Dietetic and Food Services Department

As a dietitian it is my responsibility to ensure that my young patients are provided with sufficient nutrition in their food intake during their stay here. While it is common for hole in the heart patients to be underweight for their age, it is still disheartening to see their poor growth rate. We usually guide parents on how and what to feed your child so that they will receive the adequate nutrition to grow healthily. There are also methods to fortify their milk or meals with calories.

Assisting an underweight 5-month-old baby to gain weight, in preparation for an operation, is one of my most memorable experiences on the job. One of our patients was tiny when she first came in and we managed to make her gain sufficient weight to undergo operation, in just 3 weeks. I was even happier to hear that she was doing well, after checking up on her a few months later.

Nourishing the Little Hearts



“ Our job is more interesting rather than challenging because we adapt to the different needs of each patient. ”