

After The Infection

Post-COVID19 Care

Healthcare professionals have had a long and arduous year amidst the pandemic, but it looks like their work is not over yet. Medical practitioners in Malaysia must now brace for the responsibility of treating patients who have developed long-term complications from COVID-19 infection.

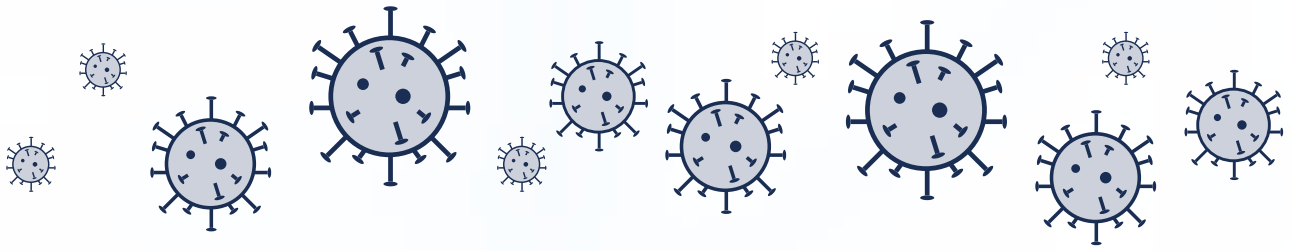


One of the main long-term complications of COVID-19 is pulmonary fibrosis, which occurs when lung tissue becomes damaged and scarred. This condition is more pervasive in patients with severe COVID-19 symptoms and have sustained ventilator-induced injury to the lungs.

Fortunately, IJN has a dedicated multi-disciplinary team in their Thoracic Centre that focuses on post-COVID-19 care. COVID-19 patients are monitored

and treated for lingering complications by a diverse team of pulmonologists, cardiothoracic surgeons, anaesthetists, cardiologists, physiotherapists, radiologists, dietitians and staff nurses.

Lung fibrosis is irreversible, which is why it remains a major cause for concern. If it is detected at an early stage, it can still be managed with medication or treatments such as oxygen therapy and pulmonary rehabilitation. These can ease symptoms and slow



the progression of the disease. Unfortunately, this condition is usually detected in the later stages, when the prognosis becomes unfavourable.

For post-Covid patients in particular, pulmonary fibrosis tends to occur within 2 to 4 weeks after the virus has cleared from the body. Hence, regular screening and follow-ups are encouraged for patients

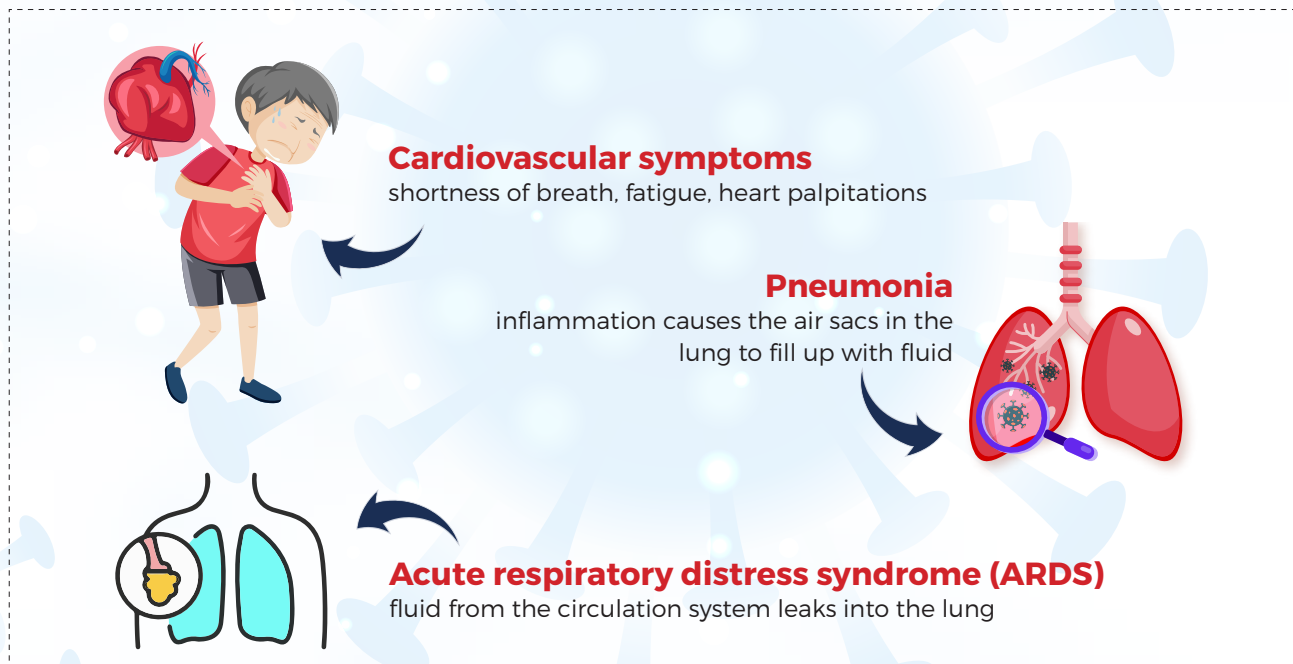
recovering from the infection. This can also help doctors prevent further damage to the lungs by way of some unseen complication.

Patients who continue to experience symptoms such as fatigue, coughing, breathlessness, chest pains and memory loss after the infection should check in with their doctor.

Be Aware of Your Ailment

These are necessary precautions for those who have experienced severe symptoms during the infection. Though the virus can affect the whole circulation system - including the kidney, liver and heart - yet its effects on the lungs are a prime cause of concern.

Symptoms of COVID-19 (mild to severe)



If you are a Post-COVID 19 patient and have lung health concerns, make an appointment with us at



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