

Pregnancy and Heart Disease 101

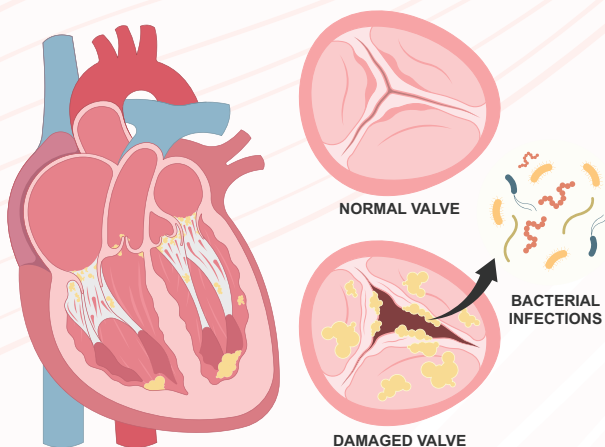
A guide for moms-to-be

A pregnant woman's body undergoes tremendous changes in order to adapt to the baby developing inside her. These changes can be even trickier if she has heart conditions. Let's embark on a concise visual journey through the complexities of pregnancy and heart disease.

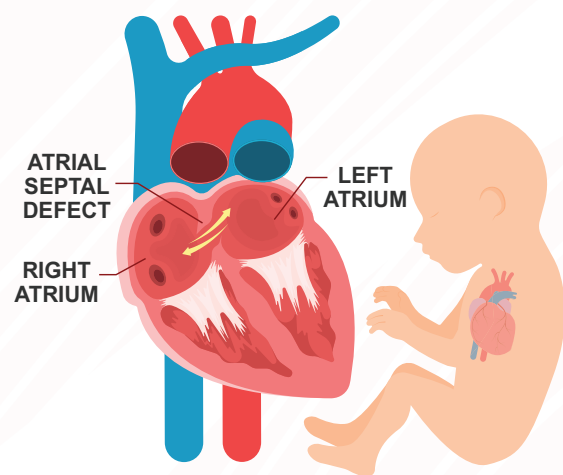


Common heart diseases during pregnancy

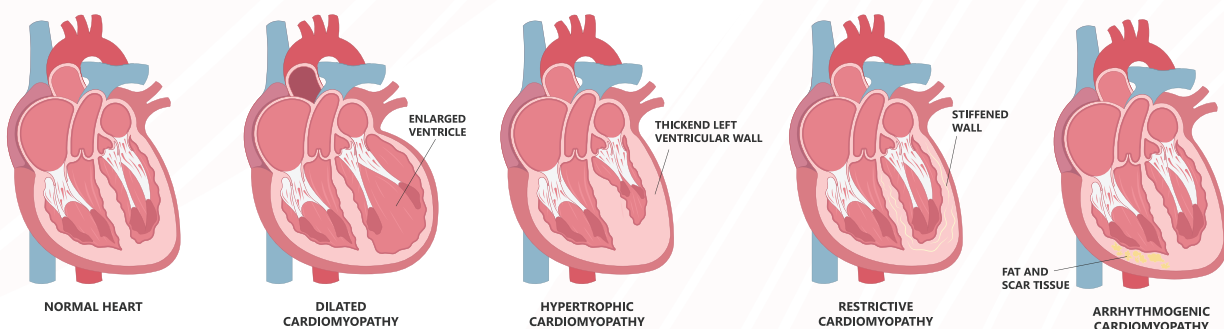
Rheumatic heart disease



Congenital heart disease



Cardiomyopathy



Signs and symptoms of heart disease during pregnancy



Breathlessness



Easily tired



Heart palpitations



Leg swelling



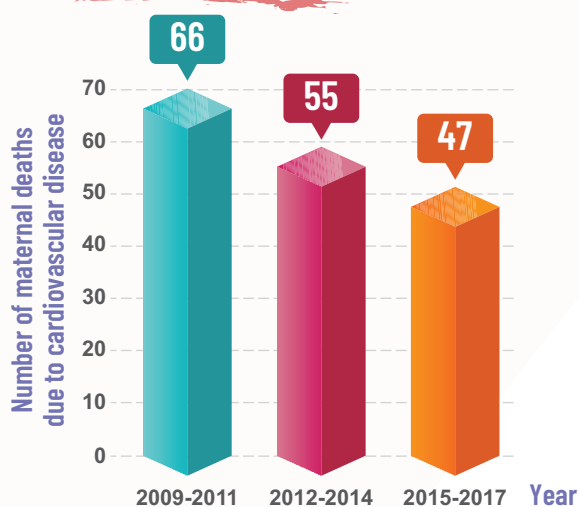
Drop in oxygen levels



Onset of heart murmurs

NOTE: Not to be confused with normal pregnancy symptoms, heart disease symptoms are usually **more persistent and exaggerated**.

Statistics on maternal mortality due to cardiovascular disease



Source: National Committee on Confidential Enquiries Into Maternal Deaths (CEMD), 2017

IJN at your service

You can obtain the following care from the Cardiac-Obstetric Combine Clinic's multi-disciplinary team at the IJN-Maternity Hospital Kuala Lumpur:

- ♥ Pre-pregnancy counselling.
- ♥ Contraception advice (family planning).
- ♥ Antenatal management
- ♥ Labour, delivery, and postnatal management.
- ♥ Post-delivery cardiac management. ❤️

